



**October Prayer Guide**  
**Dinner Time - Daily**  
**About 5 minutes**  
**Wherever you are**  
**With whomever you find yourself**

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“ For it was you who formed my inward parts; you knit me together in my mother's womb. I praise you for I am fearfully and wonderfully made. Wonderful are your works; that I know very well. ”

*Psalm 139:13 - 14 (NRSV)*

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Sheltering Arms provides an opportunity to use your creative talents for the glory of God and in mission for others. We gather in fellowship over knitting, crocheting and sewing. Our projects include prayer shawls, new baby quilts and blankets, baby hats for Pinnacle Health, Knit for Kids sweaters, scarves, mittens and hats, plarn sleeping mats for the homeless, Feminine Hygiene Kits and baby sweaters for Mission Central and more! Beginners to experts, all are welcome to join us on Thursday afternoons from 1-3pm in the Fireside Room.

Ideas for prayer are shared from **Sheltering Arms** for each day of October. Feel free to add additional prayers that come to your mind and heart for people and situations in our local church, The United Methodist Church, the global church, and the wider world.

**Let us pray for...**

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| <b>October 1</b><br>Salt 'n Light<br>Youth Ministry                                     | <b>October 18</b><br>Camp Hill UMC Staff   |
| <b>October 2</b><br>Children & Youth Choirs   | <b>October 19</b><br>Mission Central<br>Volunteers   |
| <b>October 3</b><br>Widows' Lunch Bunch   | <b>October 20</b><br>Upward Sunday   |
| <b>October 4</b><br>Pinnacle Health Babies<br>receiving Hats made by<br>Sheltering Arms | <b>October 21</b><br>Recipients of the<br>sweaters, hats, scarves<br>and mittens made for<br>Guidepost's Knit for Kids |
| <b>October 5</b><br>College Students  | <b>October 22</b><br>Hunger Action Week  |
| <b>October 6</b><br>Worship Lay Leaders   | <b>October 23</b><br>New Life Worship Band   |
| <b>October 7</b><br>Hand Bell Choirs  | <b>October 24</b><br>Open Windows Widow's<br>Lunch Group   |
| <b>October 8</b><br>Mission Central Baby<br>Sweater Recipients                          | <b>October 25</b><br>Panther Pack<br>Cap Recipients  |
| <b>October 9</b><br>Friends and Faith<br>Widow's Lunch Group                            | <b>October 26</b><br>United Methodist<br>Women Susquehanna<br>Conference Annual Day                                    |
| <b>October 10</b><br>Neighborhood Center<br>Board Members                               | <b>October 27</b><br>Camp Hill UMC's<br>Organist   |
| <b>October 11</b><br>CHUM Preschool Staff   | <b>October 28</b><br>Glory to God for the<br>changing fall colors  |
| <b>October 12</b><br>Women's Retreat  | <b>October 29</b><br>Homeless People that<br>Receive Plarn (plastic<br>yarn) Sleeping Mats                             |
| <b>October 13</b><br>Sunday Worship<br>Technical Teams                                  | <b>October 30</b><br>Camp Hill UMC<br>Kitchen Angels   |
| <b>October 14</b><br>Retired United<br>Methodist Pastors                                | <b>October 31</b><br>Safety for Trick<br>or Treaters   |
| <b>October 15</b><br>Church Servant Leaders   |  |
| <b>October 16</b><br>Sanctuary Choir  |  |
| <b>October 17</b><br>55 <sup>Plus</sup> Luncheon  |  |